

		Sep 2017																																	
		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00					
Fr	01					Ferienprogr.Schach								Body-Spider																					
Sa	02			Body-Spider									Body-Spider M.Hannawacker																						
So	03																																		
Mo	04					Body-Spider																													
Di	05					Body-Spider																Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider										
Mi	06					Body-Spider																		Body-Spider		Body-Spider Krapf									
Do	07					Body-Spider M. Drilling																			Body-Spider Drilling/Göbel										
Fr	08					Body-Spider								Body-Spider																					
Sa	09			Body-Spider									Body-Spider M.Hannawacker																						
So	10																																		
Mo	11					Body-Spider																													
Di	12					Body-Spider FSJ												BVSG				Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider										
Mi	13					Body-Spider FSJ																		Body-Spider		Body-Spider Krapf									
Do	14					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	15					Body-Spider FSJ								Body-Spider																					
Sa	16			Body-Spider									Body-Spider M.Hannawacker																						
So	17																																		
Mo	18					Body-Spider FSJ + T.Stühler																													
Di	19					Body-Spider FSJ												BVSG				Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider										
Mi	20					Body-Spider FSJ																		Body-Spider		Body-Spider Krapf									
Do	21					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	22					Body-Spider FSJ								Body-Spider																					
Sa	23			Body-Spider								VB	Body-Spider M.Hannawacker													LA-Mehrkampfmeeting Übernachtung									
So	24	Zusätzlich																																	
Mo	25					Body-Spider FSJ + T.Stühler																	privat												
Di	26					Body-Spider FSJ												BVSG				Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider										
Mi	27					Body-Spider FSJ																		Body-Spider		Body-Spider Krapf									
Do	28					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	29					Body-Spider FSJ								Body-Spider																					
Sa	30			Body-Spider									Body-Spider M.Hannawacker																						

01 = Ferien
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 = = Feste Belegungszeiten
 = = Body-Spider
Zusätzlich

Okt 2017

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	
So	01																														
Mo	02					Body-Spider FSJ + T.Stühler																									
Di	03					Body-Spider FSJ														Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider								
Mi	04					Body-Spider FSJ																Body-Spider		Body-Spider Krapf							
Do	05					Body-Spider M. Drilling																	Body-Spider Drilling/Göbel								
Fr	06					Body-Spider FSJ								Body-Spider										Volleyballabteilung							
Sa	07			Body-Spider								Body-Spider M.Hannawacker																			
So	08																														
Mo	09					Body-Spider FSJ + T.Stühler													Standfest u. stabil				VHS Autogenes Training		Stressbewältigung						
Di	10					Body-Spider FSJ											BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider								
Mi	11					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	12					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	13					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	14			Body-Spider									Body-Spider M.Hannawacker																		
So	15																														
Mo	16					Body-Spider FSJ + T.Stühler													Standfest u. stabil				VHS Autogenes Training		Stressbewältigung						
Di	17					Body-Spider FSJ														Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider								
Mi	18					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	19					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	20					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	21			Body-Spider									Body-Spider M.Hannawacker																		
So	22																														
Mo	23					Body-Spider FSJ + T.Stühler													Standfest u. stabil				VHS Autogenes Training		Stressbewältigung						
Di	24					Body-Spider FSJ														Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider								
Mi	25					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	26					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	27					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	28			Body-Spider									Body-Spider M.Hannawacker										ESDO								
So	29																														
Mo	30					Body-Spider FSJ																									
Di	31					Body-Spider FSJ															Body-Spider M.Hannawacker		Body-Spider J. Schlereth	Body-Spider							

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Nov 2017

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Mi	01					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	02					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	03					Body-Spider FSJ								Body-Spider			VB-Lehrgang															
Sa	04			Body-Spider								Body-Spider M.Hannawacker						Sa 13:00-16:00														
So	05																															
Mo	06					Body-Spider FSJ + T.Stühler													Standfest u. stabil	SHG Osteoporose			VHS Autogenes Training		Stressbewältigung							
Di	07					Body-Spider FSJ												BVSG		Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider							
Mi	08					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	09					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	10					Body-Spider FSJ									Body-Spider		15.15-16.15 Kurs A.H.															
Sa	11			Body-Spider								Body-Spider M.Hannawacker																				
So	12																															
Mo	13					Body-Spider FSJ + T.Stühler													Standfest u. stabil	SHG Osteoporose			VHS Autogenes Training		Stressbewältigung							
Di	14					Body-Spider FSJ												BVSG		Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider							
Mi	15					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	16					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	17					Body-Spider FSJ									Body-Spider		15.15-16.15 Kurs A.H.															
Sa	18			Body-Spider								Body-Spider M.Hannawacker																				
So	19																															
Mo	20					Body-Spider FSJ													Standfest u. stabil	SHG Osteoporose			VHS Autogenes Training		Stressbewältigung							
Di	21					Body-Spider FSJ												BVSG		Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider							
Mi	22					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	23					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	24					Body-Spider FSJ									Body-Spider		15.15-16.15 Kurs A.H.															
Sa	25			Body-Spider								Body-Spider M.Hannawacker																				
So	26																															
Mo	27					Body-Spider FSJ + T.Stühler													Standfest u. stabil	SHG Osteoporose			VHS Autogenes Training		Stressbewältigung							
Di	28					Body-Spider FSJ												BVSG		Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider							
Mi	29					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	30					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								

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Dez 2017

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	
Fr	01					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	02																														
So	03																														
Mo	04					Body-Spider FSJ + T.Stühle													Standfest u. stabil	SHG Osteoporose	VHS Autogenes Training	Stressbewältigung									
Di	05					Body-Spider FSJ										BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth									Body-Spider	
Mi	06					Body-Spider FSJ																									Body-Spider Krapf
Do	07					Body-Spider M. Drilling																									Body-Spider Drilling/Göbel
Fr	08					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	09					Body-Spider							Body-Spider M.Hannawacker																		
So	10																														
Mo	11					Body-Spider FSJ + T.Stühle																									
Di	12					Body-Spider FSJ										BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth									Body-Spider	
Mi	13					Body-Spider FSJ																									Body-Spider Krapf
Do	14					Body-Spider M. Drilling																									Body-Spider Drilling/Göbel
Fr	15					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	16					Body-Spider							Body-Spider M.Hannawacker																		
So	17																														
Mo	18					Body-Spider FSJ + T.Stühle																									
Di	19					Body-Spider FSJ										BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth									Body-Spider	
Mi	20					Body-Spider FSJ																									Body-Spider Krapf
Do	21					Body-Spider M. Drilling																									Body-Spider Drilling/Göbel
Fr	22					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.															
Sa	23					Body-Spider							Body-Spider M.Hannawacker																		
So	24																														
Mo	25																														
Di	26																														
Mi	27					Body-Spider FSJ																									Body-Spider Krapf
Do	28					Body-Spider M. Drilling																									Body-Spider Drilling/Göbel
Fr	29					Body-Spider FSJ																									
Sa	30					Body-Spider							Body-Spider M.Hannawacker																		
So	31																														

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