

# Nov 2017

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Mi	01					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	02					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	03					Body-Spider FSJ								Body-Spider			VB-Lehrgang															
Sa	04			Body-Spider								VB-Lehrgang Sa 13:00-16:00																				
So	05																															
Mo	06					Body-Spider FSJ + T.Stühler															Ostis											
Di	07					Body-Spider FSJ										BVSG					Body-Spider M.Hannawacker		Body-Spider J. Schlereth	ab 20.15 BoSp-Einf.kurs								
Mi	08					Body-Spider FSJ										15.15-16.45 Trittsicher						Body-Spider		Body-Spider Krapf								
Do	09					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	10					Body-Spider FSJ									Body-Spider	15.15-16.15 Kurs A.H.																
Sa	11			Body-Spider								Body-Spider M.Hannawacker																				
So	12																															
Mo	13					Body-Spider FSJ + T.Stühler															Ostis											
Di	14					Body-Spider FSJ										BVSG					Body-Spider M.Hannawacker		Body-Spider J. Schlereth	ab 20.15 BoSp-Einf.kurs								
Mi	15					Body-Spider FSJ										15.15-16.45 Trittsicher						Body-Spider		Body-Spider Krapf								
Do	16					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	17					Body-Spider FSJ									Body-Spider	15.15-16.15 Kurs A.H.																
Sa	18			Body-Spider								Body-Spider M.Hannawacker																				
So	19																															
Mo	20					Body-Spider FSJ															Ostis											
Di	21					Body-Spider FSJ										BVSG					Body-Spider M.Hannawacker		Body-Spider J. Schlereth	ab 20.15 BoSp-Einf.kurs								
Mi	22					Body-Spider FSJ										15.15-16.45 Trittsicher						Body-Spider		Body-Spider Krapf								
Do	23					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	24					Body-Spider FSJ									Body-Spider	15.15-16.15 Kurs A.H.																
Sa	25			Body-Spider								Body-Spider M.Hannawacker																				
So	26			Übungsleiterfortbildung Leichtathletik																												
Mo	27					Body-Spider FSJ + T.Stühler															Ostis											
Di	28					Body-Spider FSJ										BVSG					Body-Spider M.Hannawacker		Body-Spider J. Schlereth	ab 20.15 BoSp-Einf.kurs								
Mi	29					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf							
Do	30		BS-LH			Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								

01 = Ferien    
 A = Feiertage    
 A = Vereinsintern    
 Privat    
 VHS    
  = Abteilungsveranstaltung    
  = Feste Belegungszeiten    
  = Body-Spider    
Zusätzlich

# Dez 2017

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Fr	01					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.																
Sa	02																															
So	03																															
Mo	04					Body-Spider FSJ + T.Stühle															Ostis											
Di	05					Body-Spider FSJ												BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	06					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	07			BS-LH		Body-Spider M. Drilling																			Body-Spider Drilling/Göbel							
Fr	08					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.																
Sa	09				Body-Spider								Body-Spider M.Hannawacker																			
So	10																															
Mo	11					Body-Spider FSJ + T.Stühle															Ostis			Progressive Muskel-entst. n. Jacobsen								
Di	12					Body-Spider FSJ												BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	13					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	14			BS-LH		Body-Spider M. Drilling																				Body-Spider Drilling/Göbel						
Fr	15					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.								Karate Weihnachtsfeier								
Sa	16				Body-Spider								Body-Spider M.Hannawacker																			
So	17																															
Mo	18					Body-Spider FSJ + T.Stühle															Ostis			Progressive Muskel-entst. n. Jacobsen			Fitness u. Freizeitsport					
Di	19					Body-Spider FSJ													BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	20					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	21					Body-Spider M. Drilling																			Fitness u. Freizeitsport							
Fr	22					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.																
Sa	23				Body-Spider								Body-Spider M.Hannawacker																			
So	24																															
Mo	25																															
Di	26																															
Mi	27					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	28					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel						
Fr	29					Body-Spider FSJ								Body-Spider																		
Sa	30				Body-Spider								Body-Spider M.Hannawacker																			
So	31																															

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Zusätzlich

# Jan 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Mo	01					Body-Spider FSJ																										
Di	02					Body-Spider FSJ														Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider						
Mi	03					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	04					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	05					Body-Spider FSJ								Body-Spider																		
Sa	06			Body-Spider								Body-Spider M.Hannawacker																				
So	07																															
Mo	08					Body-Spider FSJ															SHG Osteoporose		Progressive Muskel-entst. n. Jacobsen									
Di	09					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider						
Mi	10					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	11					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	12					Body-Spider FSJ								Body-Spider																		
Sa	13			Body-Spider								Body-Spider M.Hannawacker																				
So	14																															
Mo	15					Body-Spider FSJ																SHG Osteoporose		Progressive Muskel-entst. n. Jacobsen								
Di	16					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider						
Mi	17					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	18					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	19					Body-Spider FSJ								Body-Spider																		
Sa	20			Body-Spider								Body-Spider M.Hannawacker																				
So	21																															
Mo	22					Body-Spider FSJ																SHG Osteoporose		Progressive Muskel-entst. n. Jacobsen								
Di	23					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider						
Mi	24					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	25					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel								
Fr	26					Body-Spider FSJ								Body-Spider																		
Sa	27			Body-Spider								Body-Spider M.Hannawacker																				
So	28																															
Mo	29					Body-Spider FSJ																SHG Osteoporose		Progressive Muskel-entst. n. Jacobsen								
Di	30					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider						
Mi	31					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						

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 Zusätzlich

## Feb 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00				
Do	01					Body-Spider M. Drilling								Body-Spider													Body-Spider Drilling/Göbel							
Fr	02					Body-Spider FSJ						Body-Spider M.Hannawacker																						
Sa	03																																	
So	04																																	
Mo	05					Body-Spider FSJ																SHG Osteoporose	Autogenes Training	VHS Stressbewältigung										
Di	06					Body-Spider FSJ											BVSG					Body-Spider M.Hannawacker	Body-Spider J. Schlereth	Body-Spider										
Mi	07					Body-Spider FSJ																Bewegen bringt Segen	Body-Spider	Body-Spider Krapf										
Do	08					Body-Spider M. Drilling																			Body-Spider Drilling/Göbel									
Fr	09					Body-Spider FSJ									Body-Spider																			
Sa	10			Body-Spider									Body-Spider M.Hannawacker																					
So	11																																	
Mo	12																																	
Di	13																																	
Mi	14																																	
Do	15																																	
Fr	16																																	
Sa	17																																	
So	18																																	
Mo	19					Body-Spider FSJ																SHG Osteoporose	Autogenes Training	VHS Stressbewältigung										
Di	20					Body-Spider FSJ											BVSG					Body-Spider M.Hannawacker	Body-Spider J. Schlereth	Body-Spider										
Mi	21					Body-Spider FSJ																Bewegen bringt Segen	Body-Spider	Body-Spider Krapf										
Do	22					Body-Spider M. Drilling																			Body-Spider Drilling/Göbel									
Fr	23					Body-Spider FSJ								Body-Spider																				
Sa	24			Body-Spider									Body-Spider M.Hannawacker																					
So	25																																	
Mo	26					Body-Spider FSJ																SHG Osteoporose	Autogenes Training	VHS Stressbewältigung										
Di	27					Body-Spider FSJ											BVSG					Body-Spider M.Hannawacker	Body-Spider J. Schlereth	Body-Spider										
Mi	28					Body-Spider FSJ																Bewegen bringt Segen	Body-Spider	Body-Spider Krapf										

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